

SHEILA SHANKAR (she/her)

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EDUCATION

AM/PhD **University of Chicago**
Crown Family School of Social Work, Policy, and Practice
Advisor: Gina Fedock, MSW PhD

B.A. **University of Pennsylvania, Magna Cum Laude**
May 2016 Biological Basis of Behavior
Gender, Sexuality, and Women's Studies

RESEARCH EXPERIENCE

June 2021 – present
Chicago, IL **Graduate Research Assistant**
Project: Incarcerated women's mental health experiences
Advisor: Gina Fedock, MSW PhD

- Code and analyze in-depth interview data using MAXQDA about women's experiences navigating mental health treatment in prison
- Assist in manuscript preparation

Jan – May 2018
Philadelphia, PA **Research Assistant**
Health Ecologies Lab | Penn School of Social Policy & Practice
Project: "Towards Transformative Knowledge Production: Understanding Health Disparities Through Civic Engagement and Multimodal Methodologies"
Mentor: Aaron Levy, PhD

- Designed engaged scholarship project to address health disparities using multimodal digital methods
- Curated civic engagement programming between anthropologists, health care workers, and community members on decolonizing care and queering medicine

2016 – 2018
2015 – 2016
Philadelphia, PA **Clinical Research Coordinator**
Undergraduate Research Assistant
Brain Behavior Laboratory | Penn Perelman School of Medicine
Projects: NIH-R01 funded studies on disparities in schizophrenia
Principle Investigator: Daniel H. Wolf, MD PhD

- Conducted and coded in-depth diagnostic interviews (SCID) with adults who have experienced psychosis and traumatic stress

- Designed and implemented surveys and cognitive-behavioral tasks
- Recruited and consented participants; maintained research databases and electronic medical record system; liaised with hospital staff and community mental health centers

PRACTICE EXPERIENCE

- July 2020 – July 2021
Chicago, IL
- Consultant & Social Work Intern
Inspire Action for Social Change**
- Collaborated to create virtual trainings for Department of Justice Office of Violence Against Women Justice for Families (JFF) grantees
 - Provided technical assistance to JFF grantees on policy implementation and working with families experiencing domestic violence
 - Created and led webinars on accountability and anti-oppressive leadership
- Aug 2018 – May 2020
Chicago, IL
- Advocate, Supervised Visitation and Safe Exchange Program
Apna Ghar, Inc. (“Our Home”)**
- Provided wrap-around services to immigrant and refugee survivors of gender-based violence
 - Facilitated court-ordered supervised visitation between parents and children using harm reduction and restorative justice frameworks
 - Developed and facilitated arts-based, trauma-informed group therapy intervention for youth who experienced domestic violence

HONORS & AWARDS

- 2016 Phi Beta Kappa
- 2016 Carroll Smith-Rosenberg Senior Thesis Award in Women’s Studies
- 2015-16 Nu Rho Psi Academic Honors Society
- 2013, 2015, 2016 Dean’s List

FELLOWSHIPS & GRANTS

- 2021 UChicago Student Engagement Fund: \$3000 grant
- 2018 Penn Institute for Urban Research Fellow: \$2000 research grant
- 2013 Penn Undergraduate Research Mentorship Fellow: \$3000 research grant
- 2011 Penn Institute for Regenerative Medicine Fellow: \$3000 research grant

PEER-REVIEWED PUBLICATIONS

Sharma, A., Beard, L. B., Moore, T., Kaczurkin, A. N., Ciric, R., **Shankar, S.**, Rush, S., Harowitz, J., Rosen, A., Cook, P., Shinohara, R., Davatzikos, C., Wolf, D.H., Satterthwaite, T. D. (2018). "Dimensions of Anhedonia Associate With Dissociable Neurostructural Measures Across Psychiatric Disorders." *Biological Psychiatry*, 83(9), S381.

Daldal, A., **Shankar, S.**, Satterthwaite, T., Vandekar, L., Katchmar, N., Roalf, D., ... & Wolf, D. (2017). "Social-Economic Tasks Reveal Opposite Decision-Making Biases in Schizophrenia and Depression." *Neuropsychopharmacology*, Vol. 43, S169-S169.

Wolf, D., Gennatas, E., Moore, T., Satterthwaite, T., Calkins, M., **Shankar, S.**, ... & Elliott, M. (2016). "Reduced Nucleus Accumbens Density Associated With Dimensional Severity of Subclinical Negative Symptoms in Youth." *Neuropsychopharmacology*, Vol. 41, S237-S238.

SELECTED CONFERENCES & PRESENTATIONS

Peer-Reviewed Presentations

Prisuta, E. and **Shankar, S.** (cancelled due to COVID-19). "Engaging Parents Who Use Violence." National Conference on Health and Domestic Violence. Chicago, IL. Innovative/Promising Practice Program Report.

Prisuta, E. and **Shankar, S.** (2019, June). "Towards Accountability and Transformation: A Model for Domestic Violence Supervised Visitation Programs." 7th Annual National Association for Community and Restorative Justice Conference: Elevating Justice, Widening the Circle. Denver, CO. Break-Out Session Presentation.

Invited Talks & Presentations

Prisuta, E. and **Shankar, S.** (2020, June). "Towards Accountability and Transformation: Engaging Parents Who Use Violence." Sexual Assault Awareness Month, DePaul University Women's Center. Chicago, IL. Virtual Presentation.

Flynn, D., Prisuta, E., **Shankar, S.**, Ramirez, T. (2019, May). "Engaging Men and Boys in Anti-Domestic Violence Work." The Chicago Foundation for Women: Domestic Violence Leaders Sector Building Collaborative Summit. Chicago, IL. Panel Presentation.

Shankar, S. (2019, Feb.) "Intersectional Identities and Activism." Sexual Health and Assault Peer Educators Panel, Northwestern University. Evanston, IL. Panel Presentation.

Shankar, S. (2016, March). "Asian-American Voices." Annual Woman of Color Day Luncheon, University of Pennsylvania. Philadelphia, PA. Invited Speaker.

Bushan, A., Nallajerla-Yellapragada, M., **Shankar, S.** (2015, Nov.). Breaking the Silence: Sexual Violence in the South Asian Community Symposium, University of Pennsylvania. Philadelphia, PA. Workshop.

Organized Panels & Conferences

Biehl, J., Ghodshee, K., Levy, A., **Shankar, S.** (2018, April). "Folded Into Lives: the politics of listening and ethnography as an unfinished practice". Slought, University of Pennsylvania. Philadelphia, PA. Panel organizer and moderator.

Levy, A., **Shankar, S.**, Stevenson, L. (2018, April). "Into Unknown Parts: indigenous life under colonialism and the politics of care." Slought, University of Pennsylvania. Philadelphia, PA. Panel organizer and moderator.

Aronowitz, R., Levy, A., **Shankar, S.**, Wahlert, L. (2018, April). "State of Risk: medicine's obsession with risk control and anticipatory treatments." Slought, University of Pennsylvania. Philadelphia, PA. Panel organizer and moderator.

Shankar, S. (2017, March). "Good Girls Marry Doctors: Panel Discussion with Editor Piyali Bhattacharya." Philadelphia South Asian Collective. Philadelphia, PA. Panel moderator.

Shankar, S. (2016, April). Rethinking Leadership from the Bottom Up Conference, Alice Paul Center, University of Pennsylvania. Philadelphia, PA. Student organizer.

SERVICE TO THE PROFESSION

2020 - 2022 **Crown Family School Doctoral Studies Committee**
Chicago, IL *Student Representative*

COMMUNITY ENGAGEMENT

Jan - May 2018 **CAMRA: Center for Advancing Multimodal Research Arts**
Philadelphia, PA *Multimodal Methods Working Group*

2017 - 2018 **South Asian American Digital Archive (SAADA)**
Philadelphia, PA *Oral History Interviewer*

2015 - 2018 **Philadelphia South Asian Collective**
Philadelphia, PA *Collective Member*

2015 - 2017 **Consciousness Club**
Philadelphia, PA *Group Meditation Facilitator*

LICENSES / CERTIFICATION

Illinois Certified 40-Hour Domestic Violence Training
Structured Clinical Interview for DSM-IV (SCID)
Certified Clinical Research Coordinator
CITI / HIPAA